



# Oct./Nov. 2018

\$10 class drop-in fee or 8 class punch card for \$40.

Punch cards expire 8 weeks after purchase.

Personal Training or Private Lessons \$35/hr or 4/\$100. Sorry No Refunds.



Sun 21	Mon 22	Tue 23	Wed 24	Thur 25	Fri 26	Sat 27
	6p - Intro to Belly Dance-w/Afsana 7p - Yoga - w/Lora			7p - Yoga - w/Lora		
Sun 28	6p - Advanced Belly Dance-w/Afsana 7p - Yoga - w/Lora			6p - Intro to Belly Dance-w/Afsana 7p - Yoga - w/Lora		
Sun 4	CLOSED			6p - Intro to Belly Dance-w/Afsana 7p - Yoga - w/Lora		
Sun 11	6p - Advanced Belly Dance-w/Afsana 7p - Yoga - w/Lora			CLOSED		
Sun 18	6p - Advanced Belly Dance-w/Afsana 7p - Yoga - w/Lora			CLOSED	Fri 23 <b>SPECIAL EVENTS</b> ★ "Turkey Busters" Free Fitness BootCamp 5p - 5:45p Wine & Yoga 6:30p \$15 per person	